

# Grand Manan Fall Retreat - 2019

We welcome you to the Grand Manan 2019 Fall Retreat. We invite you to relax, and get to know your surroundings while renewing established friendships, and discovering new ones. Here is a brief outline of how we anticipate our time together to go:

## Friday

- 7:00pm – 9:00pm - Meet and greet at the retreat site, The Gathering Place, Castalia Marsh Retreat (11 Bancroft Point Rd., Grand Manan). Karl Ingersoll will lead this introductory session. Light refreshments will be available.

## Saturday

- 9-10:00am - "A Move Toward One-ness – Karl Ingersoll"
- 10-10:30am - Break
- 10:30 – 11:30am - "Ultimate Relationship – Eric Allaby"
- 11:30am – 2:00pm - Pot Luck Luncheon
- 2:00pm – 5:00pm - "An Island Encounter" – A spiritual exercise.
- 5:00pm – 7:00pm - Burger BBQ at Site

## Sunday

- We invite you to our service at Community Life Church

Thank you for supporting our second Grand Manan Fall Retreat. We trust that you will know God's presence as we meet and share together.

*"You are being held so strongly and so deeply that you can stop holding onto, or defending, yourself. God forever sees and loves Christ in you; it is only 'we' who doubt our divine identity as children of God."*

*--- Richard Rohr (Breathing Under Water)*